Winter Spin Schedule

Wednesday 1/2- Sunday 3/31

ALL SPIN CLASSES ARE FOR AGES 12 and older

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Spin 6:00-7:00am Barbara	**Spin** 6:00-6:45am Mark	**Spin** 6:00-7:00am Barbara	**Spin** 6:00-6:45am Mark/Donna/Kelly			
		Spin 8:00-8:45am Rus/Gale/Peter			**Spin** 8:00-9:00am Rus	
	Spin 8:00-8:45am Rus	**Easy Rider Spin** 9:15-10:00am Judy		**Spin** 8:15-9:00am Gale	**Spin** 9:15-10:00am Meghan/Sandy	
Spin 9:30-10:15am Kelly			**Spin** 9:30-10:15am Lisa	**Spin NEW TIME** 9:15-10:00am Kelly		**Spin** 9:30-10:15am Meghan, Rus, Barbara
	Spin 10:15-11:00am Gale					-
Easy Rider Spin 10:30-11:15am Judy/Lisa O				**Easy Rider Spin** 11:45-12:30pm Judy		
			Revolutions Cycle Group* 1/3-2/28 *class for this group only			
		Spin 4:30-5:15pm Maria/Laura	5:15-6:00pm Gale			
Spin 5:30-6:15pm Meghan	**Spin** 5:30-6:15pm Donna					
Spin 6:30-7:15pm Mark	**Spin** 6:30-7:15pm Peter	**Spin** 6:30-7:15pm Kelly	**Spin** 6:30-7:15pm Rus			

All classes MUST have 4 or more participants to be taught and 4 or more consistently to remain on the schedule