

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

## SUMMER OF FUN SWIM LESSONS

### Registration Opens 5.30.23 at 8:00am

Monday – Thursday Classes (Occur Twice a Week) Session 1: 6.18.23 – 7.15.23 (Registration Closes 6.10.23) Session 2: 7.23.23 – 8.19.23 (Registration Closes 7.15.23)

> Saturday Classes (Occur Once a Week) 6.24,23 - 8,12,23

An evaluation is required to register for all levels with the exception of SKIPS, Pikes, Polliwog 1, & Intro to Swimming.

For more information or to schedule a swim evaluation, please call 973.267.0704 ext. 15 or email swim@morristownymca.org. If you need help accessing your membership account, or need us to set you up with an online account, please reach out to the Member Services Desk at 973.267.0704 and we will be happy to help you.



# **WEEKDAY CLASSES**

#### Parent & Child Lessons (Fee: \$100.00)

SKIPS 1 & 2 Tues/Thurs 6:00 - 6:30pm

#### **PreSchool Lessons (Fee: \$100.00)**

Pike	Mon/Wed	4:00 - 4:30pm
Pike	Mon/Wed	6:00 - 6:30pm
Pike	Tues/Thurs	4:00 - 4:30pm
Pike	Tues/Thurs	4:35 - 5:05pm
Eels	Mon/Wed	4:00 - 4:30pm
Eels	Mon/Wed	6:00 - 6:30pm
Eels	Tues/Thurs	4:00 - 4:30pm
Eels	Tues/Thurs	6:00 - 6:30pm

Mon/Wed

#### **Pre-Progressive Lessons (Fee: \$100.00)**

Polliwog 1	Mon/Wed	4:00 - 4:30pm
Polliwog 1	Mon/Wed	4:35 - 5:05pm
Polliwog 1	Tues/Thurs	4:35 - 5:05pm
Polliwog 1	Tues/Thurs	6:00 - 6:30pm
Polliwog 2	Mon/Wed	4:35 - 5:05pm
Polliwog 2	Mon/Wed	6:00 - 6:30pm
Polliwog 2	Tues/Thurs	4:00 - 4:30pm
Polliwog 2	Tues/Thurs	4:35 - 5:05pm

#### **Progressive Lessons (Fee: \$130.00)**

Guppy	Mon/Wed	5:10 - 5:55pm
Guppy	Tues/Thurs	5:10 - 5:55pm
Minnow	Mon/Wed	5:10 - 5:55pm
Minnow	Tues/Thurs	5:10 - 5:55pm
Fish/Flying Fish	Mon/Wed	5:10 - 5:55pm
Fish/Flying Fish	Tues/Thurs	5:10 - 5:55pm

#### Adult/Teen Classes (Fee \$100.00)

Rays/Starfish

Adult Intro to Swimming	Saturday	8:25 -	8:55am
Adult Intro to Swimming	Saturday	9:00 -	9:30am
Adult Intro to Swimming	Saturday	9:35 -	10:05am
Adult Beginner	Saturday	10:10 -	10:40am

4:35 - 5:05pm

# **WEEKEND CLASSES**

#### Adult/Teen Classes (Fee \$130.00)

Adult Intermediate	Saturday	10:45 - 11:30am
Adult Advanced	Saturday	11:35am - 12:20pm

## COMPETITIVE COACHING WORKSHOP

### Levels 1 & 2 (Fee: \$160.00)

Level 1	Tues/Thurs	6:30 - 7:30pm
Level 2	Tues/Thurs	7:30 - 8:30pm