

GET BACK INTO THE SWIM OF THINGS THIS FALL!

Session Dates: 09.10.2023 - 11.18.2023

Registration for swim lessons opens online on Tuesday, August 22nd, 2023 at 8:00am

An evaluation is required to register for all levels with the exception of our beginner levels: Skips, Pikes, Polliwog 1 and Intro to Swimming.

For more information or to schedule a swim evaluation, please call 973-267-0704 ext. 15 or email swim@morristownymca.org. If you need help accessing your membership account, or need us to set you up with an online account, please reach out to the Member Services Desk at 973-267-0704 and we will be happy to help you.

Adult & Teen Lessons: (Ages 13+)

| Class | Day | Time | Price |
|--------------------|----------|-------------------|----------|
| Intro to Swimming* | Saturday | 8:25am - 8:55am | \$130.00 |
| Intro to Swimming* | Saturday | 9:00am - 9:30am | \$130.00 |
| Intro to Swimming* | Saturday | 9:35am - 10:05am | \$130.00 |
| Beginner | Saturday | 10:10am - 10:40am | \$130.00 |
| Intermediate | Saturday | 10:45am - 11:30am | \$180.00 |
| Advanced | Saturday | 11:35am - 12:20pm | \$180.00 |

^{*}Beginner level. An evaluation is not necessary for this class.

Parent & Child Lessons - \$130.00 (6 months to 3 years old)

| Class | Day | Time |
|--------------|----------|-------------------|
| Skips 1* | Saturday | 9:35am - 10:05am |
| Skips 2* | Saturday | 10:10am - 10:40am |
| Skips 1 & 2* | Tuesday | 6:00pm - 6:30pm |
| Tadpoles | Saturday | 9:00am - 9:30am |

PreSchool Lessons - \$130.00 (3 to 5 years old)

| Class | Day | Time |
|---------------|-----------|-------------------|
| Pikes* | Monday | 4:00pm - 4:30pm |
| Pikes* | Monday | 4:30pm - 5:00pm |
| Pikes* | Monday | 5:10pm - 5:40pm |
| Pikes* | Tuesday | 4:00pm - 4:30pm |
| Pikes* | Tuesday | 5:45pm - 6:15pm |
| Pikes* | Wednesday | 4:00pm - 4:30pm |
| Pikes* | Wednesday | 5:00pm - 5:30pm |
| Pikes* | Saturday | 8:50am - 9:20am |
| Pikes* | Saturday | 10:00am - 10:30am |
| Eels | Monday | 4:00pm - 4:30pm |
| Eels | Monday | 4:30pm - 5:00pm |
| Eels | Monday | 5:45pm - 6:15pm |
| Eels | Tuesday | 4:00pm - 4:30pm |
| Eels | Wednesday | 4:00pm - 4:30pm |
| Eels | Wednesday | 5:00pm - 5:30pm |
| Eels | Thursday | 4:00pm - 4:30pm |
| Eels | Thursday | 6:00pm - 6:30pm |
| Eels | Saturday | 10:45am - 11:15am |
| Rays/Starfish | Tuesday | 4:35pm - 5:05pm |
| Rays/Starfish | Thursday | 5:25pm - 5:55pm |

PreProgressive Lessons – \$130.00 (6 to 12 years old)

| | Class | Day | Time |
|---|-------------|-----------|-------------------|
| | Polliwog 1* | Monday | 4:00pm - 4:30pm |
| | Polliwog 1* | Monday | 4:35pm - 5:05pm |
| | Polliwog 1* | Tuesday | 5:10pm - 5:40pm |
| | Polliwog 1* | Wednesday | 4:30pm - 5:00pm |
| | Polliwog 1* | Thursday | 4:00pm - 4:30pm |
| | Polliwog 1* | Thursday | 6:00pm - 6:30pm |
| | Polliwog 1* | Saturday | 8:15am - 8:45am |
| | Polliwog 2 | Monday | 5:00pm - 5:30pm |
| \ | Polliwog 2 | Tuesday | 4:35pm - 5:05pm |
| | Polliwog 2 | Wednesday | 4:30pm - 5:00pm |
| | Polliwog 2 | Thursday | 4:00pm - 4:30pm |
| | Polliwog 2 | Thursday | 4:35pm - 5:05pm |
| | Polliwog 2 | Saturday | 9:25am - 9:55am |
| | Polliwog 2 | Saturday | 10:35am – 11:05am |
| | | | |

Progressive Lessons \$180.00 (6 to 12 years old)

| Class | Day | Time |
|------------------|-----------|-------------------|
| Guppy | Thursday | 4:35pm - 5:20pm |
| Guppy | Saturday | 8:10am - 8:55am |
| Guppy | Saturday | 11:20am - 12:05pm |
| Minnow | Tuesday | 5:10pm - 5:55pm |
| Minnow | Thursday | 4:35pm - 5:20pm |
| Minnow | Saturday | 11:05am - 11:50am |
| Fish/Flying Fish | Wednesday | 4:15pm - 5:00pm |
| Fish/Flying Fish | Thursday | 5:10pm - 5:55pm |
| Fish/Flying Fish | Saturday | 12:00pm - 12:45pm |
| Stroke Clinic | Saturday | 11:10am - 11:55am |