

MY Y, YOUR Y



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE GREATER MORRISTOWN YMCA

79 Horsehill Rd., Cedar Knolls, NJ 07927

Quarterly Newsletter

www.greatermorristownymca.org

A newsletter for members and volunteers of the Y



150 YEARS OF OUR YMCA!



1874 - 2024



WE'RE HIRING!

The Greater Morristown YMCA is looking for driven individuals for the following positions:

- Summer Camp Counselors
- Group Exercise Instructors: YMCA
- Personal Trainers: YMCA
- Lifeguards: YMCA
- Water Aerobics Instructor: YMCA
- Assistant Swim Team Coach: YMCA
- Swim Lesson Instructors: YMCA
- The Richard F. Blake Children's Center - Part-Time Positions available
- The Children's Corner - Part-Time Positions available

In January, we celebrated our 150th Anniversary in an exciting way, by giving away special prizes to our members! Winners earned a chance to spin our birthday prize wheel. Some of the giveaways included a commemorative 150th anniversary t-shirt, branded tote bags, blanket and coolers, along with free memberships.

Featured Images Above: Just a small collection of some of our prize winners.



For full details and qualifications, please visit our website, www.greatermorristownymca.org!

MEMBER ENGAGEMENT

Throughout the year, our YMCA team creates fun and engaging events for our members and surrounding community. On Saturday, January 13th we hosted our Kids Night Out featuring a New Year's Bash, complete with a DJ! The kids had a blast dancing the night away to family friendly songs while wearing glow-in-the-dark glasses and bracelets! In February, we held our annual Superbowl prediction contest spearheaded by Kim, our Membership Director. An astounding 10 members guessed correctly and received a special YMCA prize. Congratulations to the winners! We gave away Friendship Coupons in celebration of Valentine's day for members to invite guests to our YMCA. We partnered again with Jersey Cares to collect donations for their "First Night" program, which provides essential toiletries and other necessities to those spending their "first night" at a shelter or transitional home. We thank our members for their ongoing generosity and support of this important program. In March, we are celebrating "National Nutrition Month" by providing literature and free healthy snacks in our lobby throughout the Month. Our Second Annual Easter Egg Hunt took place on Saturday, March 16th in the pool. Children had the opportunity to swim and collect floating eggs which they exchanged for candy and small toys. This free event had over 55 participants! Atlantic Health System was back in our lobby on Wednesday, March 19th, providing free blood pressure screenings to members and non-members. They will be back on April 9th to host a seminar on GUT HEALTH (stay tuned for more information). We are fortunate to partner with Atlantic Health numerous times throughout the year.



Left Image: An snapshot of our Blood Pressure Screening in our YMCA lobby from last December.

Right Above Image: Kid's Night Out attendees playing musical chairs during our January Kid's Night Out DJ event. This was one of many games they played during the night.

UPCOMING EVENTS

- Tuesday, April 9th from 11am-12pm: Atlantic Health System presents, "GUT HEALTH."
- Saturday, April 20th from 10am-12pm: Healthy Kids Day at the Richard F. Blake Children's Center. This event is free for anyone in the community.
- Tuesday, April 30th from 9:30am-11:30am: Monthly Senior Coffee Chat
- Thursday, April 25th from 1-6pm: Red Cross Blood Drive (Y-Zone gym)
- Tuesday, May 14th from 10am-1pm: Bone Density Screenings by Atlantic Health System in the YMCA lobby. (Must be 35+)

SPRING OPEN HOUSE

The Greater Morristown YMCA hosted an open house for prospective members from 11-3pm on Saturday, March 16th. Prospective members toured our beautiful facility to see all we have to offer. We were pleased to partner with numerous local community outreach programs including Grow It Green, ARC Morris, Elite Divers, and more. Information on our popular summer camp and childcare centers was readily available. The first 50 tours received a free Y surprise along with a free guest pass.



SPOTLIGHT MOMENT!

In February, preschoolers from Angela's Place, one of our three licensed childcare centers, sent 70 homemade cards to Sergeant Major Leandro Enriquez and his fellow troop members in celebration of Valentine's Day. Sergeant Enriquez will be deployed for the next year in an undisclosed location overseas. We wish him and his fellow troops well and pray for their safe return. Thank you to all who serve, past, present, and future!



A MILLION ADVENTURES, ONE GREAT SUMMER!

Camp Registration is Open Online! The camp season runs June 24th to August 16th, 2024, from 8:00am to 5:00pm.

Y-Zone Summer 2024 Camp Rates

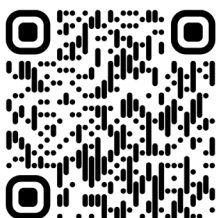
	5 Days	4 Days	3 Days
Weekly Rate:	\$426	\$386	\$336
Sibling Weekly Rate:	\$416	\$376	\$326

The Camp Sibling Discount Code is: [siblingcamp2024](#). Please note that the discount only applies to any additional siblings that are registered for the same week.

Included within the Camp Rates:

- S.T.E.A.M
- Cooking
- Art
- Swimming at the YMCA and Streeter Pool
- Weekly Field Trips
- Fun Fridays Including on site events, speciality snack, and pizza
- Complimentary T-Shirt

Scan this QR code to register for camp.



ADVENTURE DAYS ARE HERE FOR YOUR SPRING BREAK!

Adventure Days are offered on school vacation days, such as teacher conventions or staff development days, religious holidays, and spring vacations, when your child's school is closed. Available to members and non-members, your children will have structured play and activities throughout the day including indoor gym play, arts and crafts, swimming and outside play (weather permitting). Upcoming dates include: April 1st – April 5th. Rates: \$85 per day (members and non-members). Registration takes place on-line. Members should use current account in order to register your children. Non-members, please use the Adventure Days Non-Membership Registration ONLY.

For families enrolled in our Morris Plains' Before and/or After School Care Program for the 2023–2024 school year, please use the Adventure Days member link for discounted pricing.

If you have any questions, please feel free to reach out to Ashley Nimmo, our Camp & School Aged Children Program Director at: a.nimmo@morristownymca.org

STAFF MOMENT

On Saturday, February 24th, our very own YMCA staff members, Hazel and Mary, participated in annual Seaside Heights Polar Bear Plunge to benefit the Special Olympics, which raised over \$2.4 million. Congratulations to our two "plungers!"





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UPCOMING CLOSURES

- Sunday, March 31st - Closed for Easter
- Monday, May 27th - Closed for Memorial Day
- Thursday, July 4th - Closed for Independence Day
- Friday, August 30th* - Close @ 6pm
- Saturday, August 31st* - Closed
- Sunday, September 1st* - Closed
- Monday, September 2nd - Closed for Labor Day

*Annual Shut Down: Dates are subject to change

SAVE THE DATE

Our 35th Annual Golf Outing will be held on September 9th, 2024 at Spring Brook Country Club in Morristown, NJ. We hope you'll join us and support this worthy cause!

This annual event raises close to \$50,000 and benefits our Annual Campaign Scholarship fund for disadvantaged children. It is the Greater Morristown YMCA's mission to provide access to our wide range of programs available to every child, regardless of his/her family's ability to pay for these services. For the past 35 years, the generosity of hundreds of players and sponsors of our golf outing has enabled us to offer over 3,000 children a childhood experience they would never otherwise enjoy. Whether our scholarship assistance enables them to have fun at camp, learn how to swim, or enroll in one of our award-winning childcare centers, these children receive opportunities that will continue to shape their lives for years to come. More details and how you can get involved will be available this spring.