



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

IT'S SNOW TIME! WINTER SWIM LESSONS ARE HERE!

Session Dates: 1.2.2023 – 3.11.2023 • Registration Opens: 11.29.2022 at 8:00am • Registration Closes: 12.10.2022

An evaluation is required to register for all levels with the exception of Skips, Pikes, Polliwog 1 and Intro to Swimming.

For more information or to schedule a swim evaluation, please call 973-267-0704 ext. 15 or email swim@morristownymca.org. If you need help accessing your membership account, or need us to set you up with an online account, please reach out to the Member Services Desk at 973-267-0704 and we will be happy to help you.

Parent & Child Lessons (\$110.00)

Class	Day	Time
Skips 1	Saturday	9:35am – 10:05am
Skips 2	Saturday	10:10am – 10:40am
Skips 1 & 2	Tuesday	6:00pm – 6:30pm

Preschool Lessons (\$110.00)

Class	Day	Time
Pike	Monday	4:00pm – 4:30pm
Pike	Monday	4:00pm – 4:30pm
Pike	Monday	5:00pm – 5:30pm
Pike	Tuesday	4:00pm – 4:30pm
Pike	Tuesday	5:45pm – 6:15pm
Pike	Wednesday	4:00pm – 4:30pm
Pike	Saturday	8:50am – 9:20am
Pike	Saturday	10:00am – 10:30am
Eels	Monday	4:00pm – 4:30pm
Eels	Monday	4:30pm – 5:00pm
Eels	Tuesday	4:00pm – 4:30pm
Eels	Wednesday	4:00pm – 4:30pm
Eels	Wednesday	5:00pm – 5:30pm
Eels	Thursday	4:00pm – 4:30pm
Eels	Thursday	6:00pm – 6:30pm
Eels	Saturday	9:00am – 9:30am
Eels	Saturday	10:45am – 11:15am
Rays/Starfish	Tuesday	4:35pm – 5:05pm
Rays/Starfish	Thursday	5:25pm – 5:55pm

PreProgressive Lessons (\$110.00)

Class	Day	Time
Polliwog 1	Monday	4:30pm – 5:00pm
Polliwog 1	Monday	4:35pm – 5:05pm
Polliwog 1	Tuesday	5:10pm – 5:40pm
Polliwog 1	Wednesday	4:30pm – 5:00pm
Polliwog 1	Thursday	4:00pm – 4:30pm
Polliwog 1	Thursday	4:35pm – 5:05pm
Polliwog 1	Thursday	6:00pm – 6:30pm
Polliwog 1	Saturday	8:15am – 8:45am
Polliwog 2	Monday	6:00pm – 6:30pm
Polliwog 2	Tuesday	4:35pm – 5:05pm
Polliwog 2	Wednesday	4:35pm – 5:05pm
Polliwog 2	Thursday	4:00pm – 4:30pm
Polliwog 2	Saturday	9:25am – 9:55am
Polliwog 2	Saturday	10:35am – 11:05am

Progressive Lessons (\$140.00)

Class	Day	Time
Guppy	Thursday	4:35pm – 5:20pm
Guppy	Saturday	8:10am – 8:55am
Guppy	Saturday	11:05am – 11:50am
Minnow	Tuesday	5:10pm – 5:55pm
Minnow	Thursday	4:35pm – 5:20pm
Fish/Flying Fish	Monday	5:10pm – 5:55pm
Fish/Flying Fish	Wednesday	4:15pm – 5:00pm
Fish/Flying Fish	Thursday	5:10pm – 5:55pm
Stroke Clinic	Saturday	11:10am – 11:55am

Adult Lessons

Class	Day	Time	Price
Intro to Swimming	Saturday	9:00am – 9:30am	\$110.00
Intro to Swimming	Saturday	9:35am – 10:05am	\$110.00
Beginner	Saturday	10:10am – 10:40am	\$110.00
Intermediate	Saturday	10:45am – 11:30am	\$140.00
Advanced	Saturday	11:35am – 12:20pm	\$140.00

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