

# **SPROUT SOME FINS DURING OUR SPRING SWIM LESSONS!**

**Session Dates:** 3.26.2023 - 6.3.2023

Registration Opens: 3.7.2023 at 8:00am

**Registration Closes: 3.18.2023** 

An evaluation is required to register for all levels with the exception of Skips, Pikes, Polliwog 1 and Intro to Swimming. For more information or to schedule a swim evaluation, please call 973-267-0704 ext. 15 or email swim@morristownymca.org. If you need help accessing your membership account, or need us to set you up with an online account, please reach out to the Member Services Desk at 973-267-0704 and we will be happy to help you.

# **Preschool Lessons (\$110.00)**

Class	Day	Time
Pike	Monday	4:00pm - 4:30pm
Pike	Monday	4:00pm - 4:30pm
Pike	Monday	5:10pm - 5:40pm
Pike	Tuesday	4:00pm - 4:30pm
Pike	Tuesday	5:45pm - 6:15pm
Pike	Wednesday	4:00pm - 4:30pm
Pike	Saturday	8:50am - 9:20am
Pike	Saturday	10:00am - 10:30am
Eels	Monday	4:00pm - 4:30pm
Eels	Monday	4:35pm - 5:05pm
Eels	Tuesday	4:00pm - 4:30pm
Eels	Wednesday	4:00pm - 4:30pm
Eels	Wednesday	5:10pm - 5:40pm
Eels	Thursday	4:00pm - 4:30pm
Eels	Thursday	6:00pm - 6:30pm
Eels	Saturday	9:00am - 9:30am
Eels	Saturday	10:45am - 11:15am
Rays/Starfish	Tuesday	4:35pm - 5:05pm
Rays/Starfish	Thursday	5:25pm - 5:55pm

### Parent & Child Lessons (\$110.00)

Class	Day	Time
Skips 1	Saturday	9:35am - 10:05am
Skips 2	Saturday	10:10am - 10:40am
Skips 1 & 2	Tuesday	6:00pm - 6:30pm

## **PreProgressive Lessons (\$110.00)**

Class	Day	Time
Polliwog 1	Monday	4:30pm - 5:00pm
Polliwog 1	Monday	4:35pm - 5:05pm
Polliwog 1	Tuesday	5:10pm - 5:40pm
Polliwog 1	Wednesday	4:35pm - 5:05pm
Polliwog 1	Thursday	4:00pm - 4:30pm
Polliwog 1	Thursday	4:35pm - 5:05pm
Polliwog 1	Thursday	6:00pm - 6:30pm
Polliwog 1	Saturday	8:15am - 8:45am
Polliwog 2	Monday	6:00pm - 6:30pm
Polliwog 2	Tuesday	4:35pm - 5:05pm
Polliwog 2	Wednesday	4:35pm - 5:05pm
Polliwog 2	Thursday	4:00pm - 4:30pm
Polliwog 2	Saturday	9:25am - 9:55am
Polliwog 2	Saturday	10:35am - 11:05am

### **Progressive Lessons (\$140.00)**

Class	Day	Time
Guppy	Thursday	4:35pm - 5:20pm
Guppy	Saturday	8:10am - 8:55am
Guppy	Saturday	11:20am - 12:05pm
Minnow	Tuesday	5:10pm - 5:55pm
Minnow	Thursday	4:35pm - 5:20pm
Minnow	Saturday	11:05am - 11:50am
Fish/Flying Fish	Monday	5:10pm - 5:55pm
Fish/Flying Fish	Wednesday	4:15pm - 5:00pm
Fish/Flying Fish	Thursday	5:10pm - 5:55pm
Fish/Flying Fish	Saturday	12:00pm - 12:45pm
Stroke Clinic	Saturday	11:10am - 11:55am

#### **Adult/Teen Lessons:**

Class	Day	Time	Price
Intro to Swimming	Saturday	8:25am - 8:55am	\$110.00
Intro to Swimming	Saturday	9:00am - 9:30am	\$110.00
Intro to Swimming	Saturday	9:35am - 10:05am	\$110.00
Beginner	Saturday	10:10am - 10:40am	\$110.00
Intermediate	Saturday	10:45am - 11:30am	\$140.00
Advanced	Saturday	11:35am - 12:20pm	\$140.00