



SPRING PROGRAM GUIDE 2025



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The Greater Morristown YMCA
greatermorristownymca.org

Session Dates:
3.16.25 to 6.7.25

WELCOME!

Our Mission

The Greater Morristown YMCA, founded on Christian principles, is a charitable organization with an inclusive environment committed to enriching the quality of family, spiritual, social, mental and physical well-being.

Stay Connected

Visit our website at the following link (www.greatermorristownymca.org) for our most up to date information and facility perks! Sign up on our website to receive our email blasts regarding news and updates. We also post upcoming events and information on our social media accounts (@gmymca). Stay in the KNOW!

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THE GREATER MORRISTOWN YMCA STAFF

PRESIDENT & CEO ADMINISTRATIVE DIRECTOR

Laure Ferrando
Claudine Armellino

AQUATICS

Aquatics Director
Associate Aquatics Director
Head Swim Team Coach

Alanna Van Steyn
Scott Reiners
Josh Wing

BABYSITTING

Babysitting Supervisor

Laura Engler

BUILDINGS & MAINTENANCE

Maintenance

Rich Mazzocchi

YOUTH DEVELOPMENT

Director of Youth & Family

Jason Magnetico

CHILD CARE CENTERS

Exec. Director of Child Care
Director, Angela's Place
Director, Blake Center
Director, Y-Zone
Assistant Director, Blake Center
Associate Director, Children's Corner
Associate Director, Children's Corner
Office Manager, Blake Center

Jennifer Tritto
Beatrice Yuan
Maria Barakat
Brittany Edwards
Megan Rumble
Amanda Brower
Rachel DeVito
Justin Braun

DATA & IT

Data & IT Manager

Dawn Granata

FINANCE

Finance Director

Ray Fisher

FITNESS

Health and Wellness Director

Darlene Kievit

MARKETING

Program & Marketing Manager

Ashton Cillo

MEMBERSHIP

Membership Director
Membership Admin. Coordinator

Kim Eliades
Rashmi Karlekar

SPECIAL PROJECTS

Project Manager

Lisa Swensen

THE GREATER MORRISTOWN YMCA BOARD OF DIRECTORS

Ted Vogtman
Eric Ricciardi
Allan Ehrich
Maria Di Zio

Chairman
Vice-Chairman
Treasurer
Secretary

Christine Colasante Chuck Ferrando Stefanie Leonard
Robert J. Nish, ESQ. Alfred B. Nunan Jr. Jonathan P. Vuotto
Michael Walter James Wood

Welcome to The Greater Morristown YMCA!

Founded in 1874 and rooted in the values of honesty, respect, caring, and service, the Greater Morristown YMCA is dedicated to enhancing the well-being of our community. More than just a gym or pool, we offer a welcoming space where people of all ages can stay active, build friendships, and maintain a healthy lifestyle.

Located at 79 Horsehill Road in Cedar Knolls, NJ – Our Y has something for everyone! Whether you're looking to work out, swim, play sports, or join group classes, you'll find it all under one roof.

Exclusive Member Perks:

- State-of-the-Art Fitness Center – Featuring modern equipment for all your workout needs.
- Full Basketball Gym – Shoot hoops or join a game!
- Luxury Adult-Only Locker Rooms (Ages 24+) – Relax and refresh in comfort.
- Family-Friendly Amenities – Family/Assistance Needed Locker Room & Boy/Girl Locker Rooms.
- Free Babysitting – Available for Adult and Family Memberships.
- Outdoor Fun – Enjoy our playground and picnic grove with your family.
- Indoor Track – 1/16 mile cushioned, elevated indoor track for walking or running.
- Specialty Training & Classes – Including Boot Camp, Pickleball, Senior Programs, TRX®, Pilates Reformer, and more!
- Spin Room – Equipped with 25+ bikes for high-energy cycling classes.
- 25-Meter Heated Pool (6 Lanes, Resurfaced in 2024) – Plus whirlpool, steam room, and sauna (Ages 24+).
- Aquatic Programs – Water exercise classes and paid swim lessons available.
- With 70+ FREE fitness classes and certified personal trainers, there's something for every fitness level!

Come be a part of a community that supports your health, wellness, and friendships. Join us today!

FACILITY PERKS

HOURS OF OPERATION

Sun:	9am–5pm
Mon:	6am–9:45pm
Tues:	6am–9:45pm
Wed:	6am–9:45pm
Thu:	6am–9:45pm
Fri:	6am–8pm
Sat:	8am–8pm

Note: Please be courteous to our closing staff and exit the building at our posted closing times.

MEMBERSHIP INFORMATION

Membership Type	Monthly	Annual	Savings with Annual
Teen (age 12–18)	\$40	\$375	\$105
Young Adult (age 19–23)	\$45	\$425	\$115
Adult (age 24–64)	\$70	\$700	\$140
Senior (age 65+)	\$50	\$500	\$100
Senior Couple	\$75	\$725	\$175
Family	\$105	\$1050	\$210

Family Memberships:

A Family Membership includes two adults living together as a couple and their children (up to age 23) residing in the same household, including college students (ages 18–23). For guardianship cases, legal documentation is required at registration.

Monthly Memberships:

When joining with a monthly membership, the first and last month's payment is required at sign-up. If registering online, please visit the Member Services Desk to receive your membership card and have your photo taken.

Youth 3 Month & 6 Month Memberships: (Swim Lesson Only for Ages 0–11 years)

- 3-Month Membership: \$75
- 6-Month Membership: \$150

This membership allows your child to enroll in swim lessons and participate in Recreational Swim with an accompanying adult. If the adult guest is not a YMCA member, a guest fee applies.

Membership Discounts:

- Atlantic Health Employees – Eligible for a corporate discount with valid ID, employee 903 number, or an official HR letter.
- Veterans & Active Military – Discount available with valid military documentation.
- Teachers – Discount available with valid current school ID and/or current paystub showing they are a current teacher.

Tours:

The best way to experience all that the Y has to offer is with a guided tour! Stop by anytime during regular hours, and our friendly staff will be happy to show you around.

Financial Aid

(Applications are only available/accepted May 1 to May 31):

We believe everyone should have access to YMCA programs. Financial aid is available for membership, programming, and childcare. Applications can be requested at the Member Services Desk and are available to residents within our service area.

Youth & Teen Membership Policy:

Children ages 11 and under must always be supervised by an adult member (18+). If the child has a membership but the adult supervisor does not, the adult must pay a guest fee. For minors under 18, waivers must be signed in person by a parent/guardian at the Member Services Desk.

Cancellation & Refund Policy:

To cancel a membership at the Greater Morristown YMCA, written notice must be provided 30 days before the next billing date. The cancellation request must be submitted in person or via email. Once we receive your written notice and the 30-day notice period is complete, we will stop the pre-authorized charges to your credit/debit card. No refunds will be issued for any charges during this 30-day notice period.

Membership fees are non-refundable and non-transferable. Your membership will remain active until the last paid day. Sharing or lending your membership card may result in loss of membership. Memberships cannot be refunded or extended if the facility is closed due to circumstances beyond our control.

If your membership is set to expire during a program session, it must be renewed before registering for the class. Your membership must remain active for the duration of the class. Medical extensions are only applicable to single memberships.

Aquatic Programs Cancellation and Refund Policy:

Class changes are permitted during the first week of the session, as long as space is available. All changes must be processed through Aquatic Administration staff and are subject to a \$15.00 or higher administrative fee. We reserve the right to cancel any class due to low enrollment.

No credits or refunds will be given after the second week of the session. Additionally, we do not offer make-up classes or credits for individual classes missed, regardless of the reason (including illness, weather, holidays, etc.). Participants may only attend the class they are officially registered for.

INFORMATION (CONT'D)

Member Referral Program:

To participate in our Member Referral Program, simply complete the referral card, which is available both online and at the front desk. Referrals must present the completed card at the time of enrollment; we cannot accept it at any other time. Referred members will receive \$25 off their next renewal for both Annual and Monthly memberships. The member who made the referral will receive a one-month extension on their current membership. Cannot be combined with any other discount/offer.

Guest Passes:

Active Family and Adult members (both Monthly & Annual) are eligible for two complimentary guest passes per month to bring a friend. Passes cannot be transferred to other memberships and do not roll over to the next month. A government-issued photo ID is required for all guests aged 18 and older. Only one guest per member is allowed, and the member must accompany their guest at all times, assuming responsibility for them. If you'd like to bring additional guests, day passes are available for purchase at the following rates:

- \$6 for Youth (up to 11)
- \$10 for Teen (12-18)
- \$12 for Young Adult (19-23)
- \$15 for Adult (24+)
- \$10 for Senior (65+)
- \$20 for Family
- \$6 for Military

Guests under 11 must be accompanied by an adult. Please note that guest privileges for members aged 12-15 have been suspended.

Non-Discrimination Policy:

In line with its mission to help all individuals realize their full potential, the Greater Morristown YMCA is committed to supporting the participation of all people in our programs. We welcome all children, families, and adults, regardless of gender, race, color, nationality, religion, ethnicity, disability, or language.

Weather Related Closings:

Check our website and your email for weather related delayed openings, early closings, or full day closings. Please note, if there are widespread power outages, it may be impossible to update the website, phone, or email blasts.

Please contact info@morristownymca.org, visit our website at www.greatermorristownymca.org or contact the Member Services Desk at 973.267.0704 if you have any questions.

Annual Campaign

Throughout the surrounding Morristown communities, countless people know about the Greater Morristown YMCA. But, there's so much more to our Y than one might think. From exercise to education, from aerobics to advocacy, from fitness to financial assistance, the Y doesn't just strengthen our bodies, it strengthens our minds and our communities. The Y is so much more than a gym. It's a cause - a cause dedicated to youth development, healthy living, and social responsibility. For 151 years, we've been proud to help our neighbors learn, grow, and thrive. Yet we're called to do so much more. Every day, our local communities face new challenges which create a greater need for the services we provide. Fortunately, where some see obstacles, we see opportunities for our members, volunteers, and staff to make a difference. But we need your philanthropic support to seize these opportunities. Join us in keeping our mission going for another 151 years and donate today!

- \$50** Will provide before school care for one week during the school year
- \$135** Will provide one preschooler 11 weeks of life saving swim lessons
- \$270** Will provide two preschoolers 11 weeks of life saving swim lessons
- \$450** Will provide one week of camp for one child ages 5 - 13 during the summer
- \$900** Will provide camp at the YZONE for two children ages 5 - 13 for one week during the summer
- \$915** Will provide two weeks of infant care for a child at one of our quality childcare centers
- \$1,430** Will help a struggling family with one month of full time daycare for their preschooler

Please visit our website for details or click [here](#).



MEMBER BENEFITS

Baby

- Enjoy playtime in babysitting
- Enroll in parent/child swim classes
- Swim with an adult in the pool during Recreational Swim
- Enjoy the outside playground with an adult
- Attend a Family Fun Event at the Richard F. Blake Children's Center

3-5 Years

- Enjoy playtime in babysitting
- Learn to swim in small group classes
- Swim with an adult in the pool during Recreational Swim
- Learn to play basketball in the Happy Hoopsters YBA Program
- Enjoy the outside playground with an adult
- Attend a Family Fun Event at the Richard F. Blake Children's Center

6-11 Years

- Enjoy playtime in babysitting
- Learn to swim in small group classes
- Swim with an adult in the pool during Recreational Swim
- Learn to play basketball in the YBA Program
- Enjoy the outside playground with an adult
- Attend Camp Y-Zone during the summer
- Play in the basketball gym accompanied by an adult
- Join the Y's Competitive Swim Team
- Use our circuit rooms (8+ older). Must be accompanied by an adult

Teen (12-18)

- Enjoy the Y without a parent or guardian
- Take morning, afternoon or evening Spin classes
- Participate in over 70+ FREE fitness classes
- Join the Y's Competitive Swim Team
- Walk or jog on the track
- Play basketball with friends
- Lap Swim (16+)
- Take a Lifeguard Training Class (15+)
- Enjoy Recreational Swim time in the pool
- Enroll in swim lessons
- Register for our B-Board® Classes

Adult

- Participate in over 70+ FREE weekly fitness classes including Spin, Yoga, Zumba, and Pilates.
- Work out in any of the Fitness Rooms
- Achieve a fitness goal with Personal Training or Pilates Reformer Training
- Swim laps, take a water aerobics class, or enjoy Recreational Swim
- Relax in the Sauna, Whirlpool, or Steam Room (ages 24+)
- Play basketball during open gym or join a pick up game during our Adult Noontime Basketball
- Play Pickleball with friends
- Run or walk on the indoor track
- Enroll in swim lessons
- Register for our B-Board® Classes
- Register for our TRX® Classes

Active Older Adult

- Make new friends!
- Participate in over 70+ FREE weekly fitness classes including Chair Yoga
- Work out in any of the Fitness Rooms
- Achieve a fitness goal with Personal Training & Pilates Reformer Training
- Swim laps, take a water aerobics class, or enjoy Recreational Swim
- Relax in the Sauna, Whirlpool, or Steam Room (ages 24+)
- Play basketball during open gym
- Play Pickleball with friends
- Run or walk on the indoor track
- Enroll in swim lessons
- Register for our B-Board® Classes
- Register for our TRX® Classes

Questions about
Memberships?
Please contact the
Member Services
Desk at
973.267.0704

Fitness
Questions?

Please contact us at
fitness@morristownymca.org

MEMBER ENGAGEMENT

The Greater Morristown YMCA prides itself on providing numerous member engagement opportunities throughout the year, including:

College Holiday Membership Specials:

1 month – \$33; 2 months
– \$66; 3 months – \$99
1 week – \$20

**Healthy Kids
Day at the Richard F.
Blake Children's Center
on April 26th from 10am to
12pm**

•
**Monthly Membership
Raffles**

**Complimentary
Guest Passes Adult,
Family, and Senior
Memberships**

**(2 Complimentary Passes
per membership unit
a month)**

**Luck of the Draw
Prize Wheel on St.
Patrick's Day!**

**Spin the wheel in our lobby and
win a prize!**

**Prizes will range from a
free month to free Y
swag.**

**Monthly
Free Senior
Coffee Chats in
Our Lobby!**



YMCA CHILDCARE

Angela's Place

6 Saddle Road Cedar Knolls, NJ
(Morris School District Preschool Expansion Program)

Angela's Place was named after Angela Lepore, a champion for the education of young children. A volunteer and contributor for many years, Angela was the loving wife of our long-time board member, Don Lepore. Both Angela and Don saw the rising need for childcare back in the 1980s when more and more women were heading back to the workforce and needed quality childcare.

Opened in September 2020 for the 2020/2021 school year, Angela's Place is managed and operated by the Greater Morristown YMCA. A satellite extension of the Richard F. Blake Children's Center, located just around the corner, Angela's Place offers preschoolers ages 3-5 a top notch education in an 8,000 squarefoot environment. Angela's Place is a result of a partnership between the Greater Morristown YMCA and the Morris School District (Morristown / Morris Township) to offer FREE preschool for eligible 3 and 4 year olds residing in either Morristown or Morris Township.

Center Highlights:

- Three preschool classes
- Certified P-3 teacher in all classes
- Follows the MSD school calendar (September - June)

Enrollment at Angela's Place is through the Morris School District and is awarded on a LOTTERY BASIS.

For more information, please contact the Morris School District Office at: 31 Hazel St, Morristown, NJ 07960
P 973.292.2300



The Richard F Blake Children's Center

65 Horsehill Road, Cedar Knolls NJ
P 973.984.2255

naeyc[®]

Ages: 6 weeks - 5 years
Days: Monday - Friday
Hours: 7:00am - 6:00pm

Founded in 1988, the Richard F. Blake Children's Center is a premier childcare center in the state of NJ. Newly renovated in September 2021!

- 20,000 square foot facility in a park-like setting with an indoor Lil' Honey Gym and large outdoor playgrounds ([expanded the outdoor play area in Spring 2024!](#))
- Certified teacher in every classroom, low child to teacher ratio, average teacher tenure of 10.5 years
- Since 1993 the Blake Center has been NAEYC accredited ([Newly reaccredited in 2023!](#))
- Staff trained in NJ State Preschool Core Curriculum; utilizes State-approved Creative Curriculum
- Tuition includes: discovery science, sports skills, swimming lessons at the YMCA (for Preschool 2 & 3; must be potty-trained), healthy snacks served daily, pizza lunch Friday for our preschoolers
- Camera and door buzzer systems for your child's safety
- Additional activities: dance, field trips, parenting workshops and family friendly events.

The Children's Corner

475 South Street, Morristown, NJ
P 973.593.2450

naeyc[®]

Ages: 6 weeks to 5 years
Days: Monday - Friday
Time: 6:30am - 6:00pm

Facility is **ONLY** open to employees of Atlantic Health, attending physicians, and their staff. Since 1996, Children's Corner has provided full-day care and education for the children of Atlantic Health employees.

- 25,000 square foot facility on the Corporate Atlantic Health campus has professional security and provides a safe and nurturing environment
- Certified teachers in every classroom and small group sizes
- Spacious, shaded outdoor playgrounds and indoor playroom
- NAEYC Accredited since 1998
- Utilizes state-approved Creative Curriculum
- Additional activities include: weekly swim lessons at the YMCA (starting in PS II)
- Additional activities throughout the year include field trips, music, dance, sports skills
- Tuition includes a nutritious lunch and snacks

Atlantic Health employees may call 973.593.2450 for more information.

Before/After School Care (Morris Plains)

The Greater Morristown YMCA understands how critical it is that young people spend their before and after school hours in a productive and safe manner. Both our before and after school programs provide quality care for your child. Ours is an enrichment program with experienced directors and counselors who are invested in your child's well-being. We provide healthy snacks, homework assistance, sports/games, arts & crafts, and so much more! Registration is required; space is limited.

Before School Care:

Starts at 7:00am

- Mountain Way School (on-site)
- Borough School (held at Mountain Way; transportation is provided to Borough)

After School Care:

Children must be picked up by 6:00pm

- Mountain Way School (on-site)
- Borough School (on-site)

Detailed program information for the 2024 – 2025 school year is posted on our website at:
www.greatermorristownymca.org.

The Y-Zone

25 Saddle Road Cedar Knolls, NJ (Morris School District Preschool Expansion Program)

Built in 2016, the Y-Zone is a 6,000 square foot facility, situated on three acres of park-lined grounds, and located on a cul-de-sac. Opening as a preschool this September 2024 for the 2024/2025 school year, the Y-Zone is managed and operated by the Greater Morristown YMCA. Featuring a gymnasium and two large classrooms, this facility is the perfect environment for your preschooler to learn and thrive. The Y-Zone offers preschoolers ages 3–5, that reside in either Morristown or Morris Township, a top notch education. We are excited to welcome our inaugural class this fall!

Center Highlights:

- Two preschool classes
- Certified P–3 teacher in all classes
- Follows the MSD school calendar (September – June)

Enrollment at the Y-Zone is through the Morris School District and is awarded on a LOTTERY BASIS.

For more information, please contact the Morris School District Office at: 31 Hazel St, Morristown, NJ 07960
P 973.292.2300

YMCA CHILDCARE

YMCA Drop Off Babysitting

Free Babysitting While You Work Out

For children ages 8 weeks to 11 years, The Greater Morristown YMCA (79 Horsehill Road, Cedar Knolls, NJ) offers quality drop-in childcare at no cost to our members. Please note that this service is only for parents/guardians who are using the fitness or aquatic facilities and **they MUST remain on site at all times**. This is perfect for parents who are working out or must be with another child for a parent/child class such as Skips swimming or a toddler class. **There is a firm 60 minutes time limit. Parents/Guardians are not permitted to stay with their children, this is a drop off service only.** If your child is sick, we kindly ask you to refrain from bringing them into the facility. Guests are not permitted to use this service.

Hours:

Monday – Sunday: 9:00am–12:00pm

Monday – Thursday: 4:30pm–7:30pm



UPCOMING EVENTS

March

- 1st** Kids Night Out – Masquerade Magic Night, 4pm to 8pm. See page 23 for more information about this program.
- 17th** St Patrick's Day – Luck of the Draw Prize Wheel on St. Patrick's Day! Spin the wheel in our lobby and win a prize! Prizes will range from a free month to free Y swag.
- 25th** Senior Coffee Social – @ the Y, 9:30am to 11:30am. Come enjoy some coffee, snacks and company in the lobby. All are welcome!
- 29th** Floating Eggs-travaganza – @ the Y, 1:15pm to 3:15pm. Open to non-members for a fee. Members are free! Registration is required through our Membership Portal. One registration per child.

April

- 18th** Kids Night Out – Neon Dance Party, 4pm to 8pm. See page 23 for more information about this program.
- 19th** Shipwreck Showdown – @ the Y, 1:15pm to 3:15pm. Battle Each Other on Our Inflatable "Ships" in the pool. Registration is not Required for this event. Members only event.
- 20th** Happy Easter! – The YMCA will be closed in observance of Easter. We wish all our friends who celebrate a happy and healthy holiday!
- 26th** Healthy Kids Day! – @ the Blake Center, 10am to 12pm. At this annual Y national event, children will enjoy a variety of things like games, bounce house, arts & crafts, and healthy treats. Join us at the Blake Center, located at 65 Horsehill Road in Cedar Knolls, NJ. Free and open to the public.
- Spring Open House** – @ the Y, 1pm to 3pm. Come visit and tour our facility to see all the new and upcoming programs we have coming to our YMCA. Receive a free day pass on us!
- 29th** Senior Coffee Social – @ the Y, 9:30am to 11:30am. Come enjoy some coffee, snacks and company in the lobby. All are welcome!

May

- 9th** Kids Night Out – Future Innovator Night, 4pm to 8pm. See page 23 for more information about this program.
- 26th** Memorial Day – The YMCA will be closed in observance of Memorial Day. Thank you to all who have served and to those who serve today.
- 27th** Senior Coffee Social – @ the Y, 9:30am to 11:30am. Come enjoy some coffee, snacks and company in the lobby. All are welcome!

This schedule is subject to change! Please check our website, greatermorristownymca.org, for our News and Events sections on the home page!

PERSONAL TRAINING

Jumpstart Your Fitness with Our Introduction to Personal Training!

Struggling to see results from your workouts? Curious about personal training? Our certified GMYMCA personal trainers are ready to help you reach your goals with expert guidance, customized workouts, and ongoing progression tailored to your fitness level.

For just \$150, you'll receive:

- Three 1-hour private sessions or six 30-minute sessions with a Certified Personal Trainer
- A structured plan designed to help you improve strength, endurance, and overall health
- Motivation and expert coaching to keep you on track

This exclusive offer is only for members **NEW** to personal training at the Greater Morristown YMCA. Get started today! Visit the Front Desk to sign up. (Before beginning any new fitness program, please consult your doctor.)

PERSONAL TRAINING RATES

Sessions can be divided into 30-minute increments.

Individual Adult Training for Ages 20+

1–10 hours: \$60/hour

11–20 hours: \$55/hour

21+ hours: \$50/hour

Student Training for Ages 10–19

1–4 hours: \$50/hour

5-hour package: \$225

10-hour package: \$400

20-hour package: \$650

Group Training for Ages 10+ (Up to 4 People)

1–10 hours: \$65/hour

11–20 hours: \$60/hour

21+ hours: \$55/hour



Achieve Your Fitness Goals with GMYMCA Personal Trainers!

Maximize your results in less time with a customized training program designed just for you! Whether you're just starting out or looking to take your fitness to the next level, our expert trainers are here to guide you. New to personal training? Try our Introduction to Personal Training session! Contact our Fitness Department to purchase your training sessions today.

Our certified trainers hold national certifications from top organizations, including ACE, AFAA, ASFA, NASM, NSCA, and PTI, ensuring expert guidance. Plus, they're CPR and AED certified for your safety.

Start your fitness journey with us today!

FITNESS CLASSES

The Greater Morristown YMCA is pleased to provide a variety of fitness classes for our members. An ACTIVE Greater Morristown YMCA membership is required to participate. For the latest class schedules and updates, please visit our website at greatermorristownymca.org.

CARDIO

Bodyweight Blitz: This class is designed to give an all over full body toning without using equipment. The class is a mix of body conditioning, strength, toning and core. All fitness levels.

Bootcamp: High energy, full body workout that combines a mix of cardio exercises, strength training, interval training to build overall fitness, burn calories, and challenge your endurance in a fun and motivating group setting.

Cardio Fusion: A high-energy group fitness workout that blends various forms of cardio exercises, dance moves, step aerobics, and bodyweight strength training. All fitness levels.

Cardio Step & Core: Grab your leg warmers to join this high energy, heart pumping class using step choreography to keep you moving. Various intervals challenge your heart and tones the lower body. Finish with a six-pack of exercises that builds and strengthens your abs. All fitness levels

Cardio Strength & Core: Total body workout that that uses a combination of cardio and core exercises.

Cycling: Emphasis on proper cycling technique while you control the intensity of this world-class workout. Arrive 30 minutes before class to pick up your reservation ticket and get your bike. All fitness levels

Easy Rider Cycle: Cycle class designed to focus on different resistance levels, gradual intensity changes to build your cycling endurance and strength.

Kickboxing: This group fitness class that combines martial arts techniques with fast-paced cardio. You will build stamina, improve coordination & flexibility, as well as burn calories and build lean muscle with this fun and challenging workout.

Kick, Punch and Crunch: Get sweaty and create a strong, lean core with our Remixed Kickboxing class with an additional emphasis on core-based movements. Improve your balance, build muscular endurance, and tighten up those abs with a series of full body movements. Take that boost of endorphins and leave class with confidence and strength!

Lo Impact Cardio & Core: A cardio core class that is not hard on the body, especially the joints, and can be a great way to get in a heart-pumping workout while reducing the risk of injury.

Ultimate HiiT: Shift your workout into overdrive with this high intensity interval training class that combines all-out work efforts with brief recovery periods to provide a total body workout with maximum results.

SPECIALTY CLASSES- REQUIRE A FEE | REGISTRATION REQUIRED

TRX Suspension Group Training: A form of suspension training that uses body weight exercises to develop strength, balance, flexibility and core stability simultaneously. Registration and a fee is required

Reformers: Pilates reformers build deep core strength, stability, flexibility and mobility. Pilates workouts reinforce good posture, help improve balance and build muscle endurance. Limited to 2 participants. Registration and a fee is required

B-Board: Small group fitness program inspired by paddle boarding, mixing different types of techniques such as HiiT, Pilates, and Yoga. Limited to 10 participants. Registration and a fee is required

SPIRIT-MIND-BODY

Balanced Body Express: Creating a practice of breath, body postures, movement sequences, and stretches that allow the body's physical systems to coordinate and work together. All fitness levels

Barre-lates: Low-impact workout that combines ballet, Pilates, and Yoga to improve balance, strength, and flexibility. All fitness levels.

Chair Yoga: This is the gentlest form of yoga; it is easier on your muscles, and is for people with high blood pressure, anxiety, chronic fatigue syndrome, arthritis, vertigo, multiple sclerosis, carpal tunnel syndrome, chronic pain, and those that find it difficult to get up and down from the floor. All fitness levels

Happy Hour Yoga: Yoga is a mind and body practice that can build strength and flexibility. It may also help manage pain and reduce stress. All fitness levels.

FITNESS CLASSES

SPIRIT-MIND-BODY (CONTINUED)

Total Mobility: The ability to move freely within your body not only helps you FEEL your best, but it can help alleviate chronic pain, reduce injuries, and improve overall performance. This low impact class will take you through a series of exercises to help you feel mobile and fluid and ready to start the day no matter which way you choose to go. All fitness levels.

Vinyasa Yoga: A practice that links breath to movement in a flowing sequence of poses.

Yoga: A fit and supple body is developed through the practice of postures (asanas). Taken from various Yoga disciplines, the asanas are taught with attention to correct positioning of the body so that each individual part as well as the various physiological systems can function to their best potential. All fitness levels

DANCE

Cardio Dance®: Cardio routine incorporating basic, easy to follow dance fitness moves followed by a toning segment that focuses on sculpting long, lean muscles. All fitness levels

Line Dancing: This line dancing class is designed for all levels, ages, and for male and females. The fitness aspect increases your heart rate which then speeds up your metabolism and you burn calories. The dance aspect you are learning how to dance, flexibility, and correct posture alignment. The dance consists of country, jazz and swing. Learn how to dance and get an amazing workout all while having fun! All fitness levels

Line Dancing: This line dancing class is designed for all levels, ages, and for male and females. The fitness aspect increases your heart rate which then speeds up your metabolism and you burn calories. The dance aspect you are learning how to dance, flexibility, and correct posture alignment. The dance consists of country, jazz and swing. Learn how to dance and get an amazing workout all while having fun! All fitness levels

Zumba®: An aerobic workout with pulsating Latin music incorporating footwork and body movements from flamenco, salsa, merengue and other dances. All fitness levels

Zumba Toning®: A full body workout that combines cardio and strength training. It uses lightweight dumbbells to tone and sculpt muscles. All fitness levels.

Class Cancellation and Refund Policy: The YMCA reserves the right to cancel a class and to make schedule changes when necessary. We reserve the right to cancel a class if the minimum number of participants has not been reached. It is only under these circumstances that a refund or credit will be issued for a paid class. Credits will expire one year from issue.

SCULPTING & TONING

Barre Fusion: Barre Fusion is a unique blend of Pilates principles, strength training, barre and high-energy workouts that will make you feel graceful, flexible and strong. Our classes are designed to transform your physique through a fusion of unique resistance exercises, flexibility training and cardio exercises creating a toned, shapely body! All fitness levels

Butts & Guts & Butts & Guts Express: Train and tighten all regions of the lower body and core with this toning class. Workout will focus on the abs, glutes, legs, and lower back using light weights, bands, and body resistance. All fitness levels

Cardio Sculpt: Body sculpting class designed to increase strength and muscle tone using a variety of equipment, targeting all major muscle groups. Resistance training combined with short bursts of cardio drills; all fitness levels ore to tone and chisel your arms, shoulders, chest, back and core.

Floor Core, and More: Mat class that focusses on strengthening the core and the small muscle groups. Balls, blocks, and light weights are incorporated along with flow movements to improve joint mobility and total body fitness. Finish with fifteen minutes of focused stretching for increased flexibility. All fitness levels.

Functional Strength: A strength class designed to prepare you for daily living like bending, twisting, lifting, loading, pushing, pulling, squatting and hauling

Pilates: A series of core exercises that emphasize the muscles of the abdomen and back. Posture will improve while you lengthen and strengthen all of the muscles in your body. All fitness levels

Pilates Fusion: is a low impact strength workout that enhances your muscle tone, posture, flexibility and confidence in a class that blends ballet, dance, functional strength and mind-body inspired movement. These exercises are performed with precision and concentration for ultimate results, each of the movements can be modified to match your unique skill and strength levels

Strength & More: Total body toning and conditioning, working multiple muscles while engaging core stabilization throughout your range of motion. All fitness levels

Super Strength|Super Sculpt: Whole body muscle conditioning class that uses external weight or resistance of your own body weight to strengthen and tone the muscles. All fitness levels

TRX® PROGRAM

TRX® (Total Resistance Exercises) is a type of suspension training that utilizes body weight exercises to enhance balance, core stability, flexibility, and strength. The TRX® Suspension Trainer serves as a key tool during workouts, engaging your core to maintain stability while performing movements against the force of gravity.

Small Group Training Dates:

4.2.25 to 5.7.25

or

5.14.25 to 6.18.25

Time Offered on Wednesdays:

9:15am to 10am
with Kimberly

Fees for Training:

\$65.00 for each
6-weeks
(must have at least 3
registrants to run the
program)



Registration closes at noon the day prior to the program beginning. Sign Up Today!

Participants must register through our online membership portal. Each class has a maximum capacity of five people. A membership is required to enroll in this program. For any questions, please contact d.kievit@morristownymca.org.

Pilates Reformer (Private & Semi-Private):

Pilates Reformer training is suitable for all levels, from beginners to advanced practitioners. The Pilates Reformer is a specialized apparatus with a bed-like carriage, incorporating springs and cables to support the body in different positions. It helps with more challenging exercises while adding resistance to simpler movements. One-hour sessions with a certified personal trainer are available for groups of up to two and are scheduled at a mutually convenient time.

of Sessions

1-5

6-10

11-15

16+

Individual

\$65 per hour

\$60 per hour

\$55 per hour

\$50 per hour

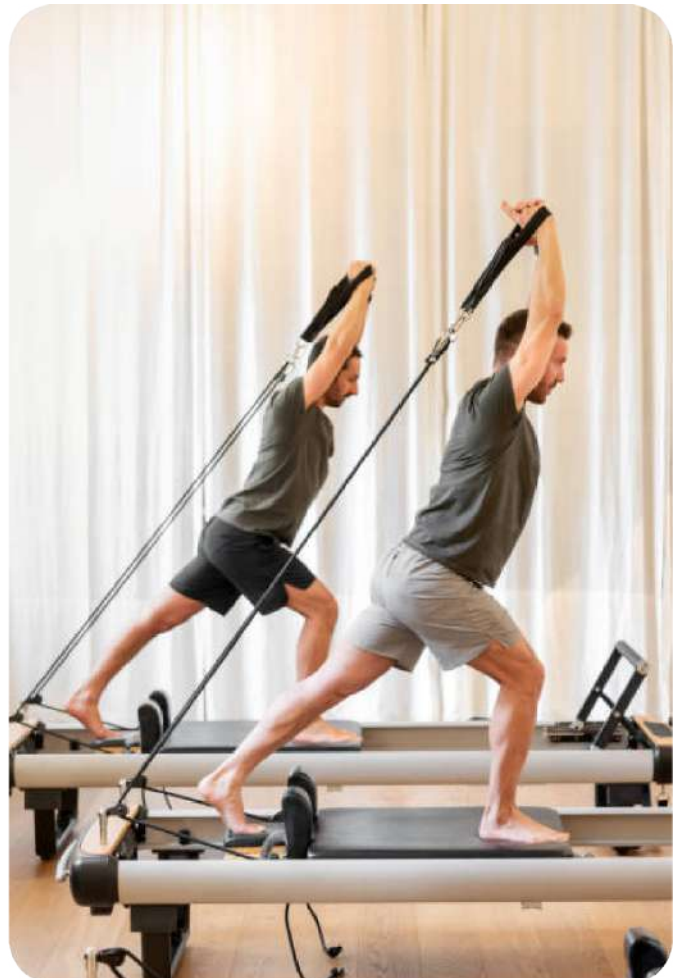
Group of 2

\$100 per hour

\$95 per hour

\$90 per hour

\$85 per hour



B-BOARD WORKOUT PROGRAM



Created in 2018, B-BOARD® WORKOUT is an innovative and unique balance board that replicates the movement of a paddle board on the water, developing stabilizing muscles, improving balance and increasing core strength.

Dates Offered

May Session: 4.29.25 – 5.22.25 (FREE FOR THE WHOLE MONTH OF MAY)

June Session: 5.27.25 – 6.19.25

Class Fees

Drop-In: \$15 per class

Days and Times Offered

Tuesdays at 8:30am

Thursdays at 8:30am

Registration Information

This program is available exclusively to YMCA members and requires registration through our online membership portal. Drop-in access will remain available up until the morning before each class.

Exciting Update!

Starting in June, this class will have a new name — Balance & Beyond! While the name is changing, you'll still enjoy the same great instruction from Sam and Pete. Please note: classes will transition to a paid drop-in format at a rate of \$15 per class.

Have Questions About Registering?

We're here to help! Contact us at info@morristownymca.org.

PICKLEBALL INSTRUCTION

Pickleball is an exciting paddle sport that blends elements of badminton, tennis, and table tennis. Players rally back and forth to score points in a game that's easy to learn but hard to put down! Loved by all ages and skill levels, pickleball is a sport for everyone.

Beginner Class: Learn the fundamentals of pickleball, including rules, scoring, court positioning, shot techniques, and gameplay. Paddles are provided, but you're welcome to bring your own. Court shoes are required.

Advanced Beginner Class: Take your game to the next level with advanced strokes and strategic play. These sessions include a combination of drills and live gameplay to enhance your skills. Paddles are provided, but you may bring your own. Court shoes are required.

Meet Your Instructor: Johnnia is a PPR Certified Pickleball Coach with a deep passion for the sport. With over five years of playing experience, participation in pickleball leagues and tournaments, and extensive coaching expertise, Johnnia offers group, semi-private, and private instruction for beginner to intermediate players.

Session Dates:

April 7 – May 5, 2025 • May 19 – June 23, 2025 (No class on Memorial Day)

Location: YMCA Basketball Gym (79 Horsehill Road, Cedar Knolls, NJ)

Join our hour-long weekly pickleball classes every Monday and improve your game in a fun and supportive environment!

Beginner Class – 7:00 AM: Perfect for those new to the game! Learn the fundamentals, including rules, scoring, and basic techniques.

Advanced Beginner Class – 8:00 AM: Designed for players ready to take the next step, this class focuses on advanced strokes, strategy, and gameplay drills.

NEW! Pickleball Play with Pro Clinic – 9:00 AM: Take your skills to the next level in this small-group clinic led by an experienced pickleball professional! Get real-time feedback, refine your technique, and develop winning strategies in a hands-on, interactive session. (3 Participant maximum for this program)

Fee: \$100 per session (Members 18+ only)

Limited Spots Available! (Min. 2 – Max. 4 participants per class)

Registration Required – Sign up through our membership portal. For assistance, call 973.267.0704. Questions? Contact us at fitness@morristownymca.org.

BASKETBALL & PICKLEBALL

Basketball



Noon Basketball: This is for players 21 and over. Come and enjoy playing the sport you love with others! Build relationships, exercise, and develop a healthier lifestyle. Noontime basketball is for those looking to play in a pickup game with other basketball players. Noon Basketball is offered Monday – Friday.

Open Basketball: Members 11 and under must be accompanied by an adult. Shoot hoops or play friendly games with others who are willing to join in! Open Basketball is offered at a variety of times, and 7 days a week.

Family Basketball: Reserved for Families with Children under the age of 12 to play and practice basketball skills. Family Basketball is offered on weekends.

Please check our website for an up to date Basketball Gym Schedule.

Pickleball

Pickleball is one of the fastest-growing sports in the United States. It combines elements of badminton, tennis, and ping pong. It is played with solid paddles and a perforated ball, similar to a whiffle ball, and is played on a solid court with a low net.

It is a great game for all ages and abilities and provides a cardio workout, as well as balance and eye-hand coordination training. The Pickleball group at the Y enjoys the social benefits and friendly competition.

Players are encouraged to wear athletic attire that allows for easy movement and sneakers or non-marking shoes. Tennis shoes are recommended as they provide the best stability for side-to-side movement.

Pickleball is offered at different times in our Basketball Gym. Please check our website for an up to date Pickleball Schedule.



AQUATICS

CLASS INFORMATION FOR SWIM LESSON REGISTRATION:

- Session Dates: 3.30.2025 – 6.7.2025
- Registration for lessons opens online on Tuesday, March 11th, 2025 at 8:00am
- Registration stays open to register until Saturday, March 22nd, 2025
- Classes are once per week
- An evaluation is required to register for all levels with the exception of our Introductory levels: Skips, Pikes, Polliwog 1, and Intro to Swimming.
- For more information or to schedule an evaluation, please call 973.267.0704 ext. 115 or email swim@morristownymca.org
- If you need help accessing your membership account, or need us to set you up with an online account, please reach out to the Member Services Desk at 973.267.0704 and we will be happy to help you.

Parent & Child Lessons (\$130.00)

These programs are for children aged [6 months to 3 years old](#). Parent must accompany the child in the pool for the entire lesson. Our teaching staff will work with you to teach your children water acclimation skills and the beginning stages of water movement. The Skip 1 & 2 classes do not require an evaluation to participate. Any child that is not toilet trained **MUST** wear a swim diaper and rubber/plastic pants under their swimsuit. Plastic pants are available for purchase at the Member Services Desk.

Class	Day	Time
Skips 1*	Saturday	9:35am – 10:05am
Skips 2*	Saturday	10:10am – 10:40am
Skips 1 & 2*	Tuesday	6:00pm – 6:30pm
Tadpoles	Saturday	9:00am – 9:30am

*Introductory level. An evaluation is not necessary for this class.

Preschool Lessons (\$130.00)

These lessons are for our novice level swimmers [ages 3–5 years](#). In these classes, skills will vary from water acclimation skills, water movement and the beginnings of stroke development. Aside from our Pike classes, these classes require an evaluation to register.

Class	Day	Time
Pikes*	Monday	4:00pm – 4:30pm
Pikes*	Monday	4:30pm – 5:00pm
Pikes*	Monday	5:10pm – 5:40pm
Pikes*	Tuesday	4:00pm – 4:30pm
Pikes*	Tuesday	5:45pm – 6:15pm
Pikes*	Wednesday	4:00pm – 4:30pm
Pikes*	Wednesday	5:10pm – 5:40pm
Pikes*	Saturday	8:50am – 9:20am
Pikes*	Saturday	10:00am – 10:30am
Eels	Monday	4:00pm – 4:30pm
Eels	Monday	4:35pm – 5:05pm
Eels	Monday	5:45pm – 6:15pm
Eels	Tuesday	4:00pm – 4:30pm
Eels	Wednesday	4:00pm – 4:30pm
Eels	Wednesday	5:10pm – 5:40pm
Eels	Thursday	4:00pm – 4:30pm
Eels	Thursday	6:00pm – 6:30pm
Eels	Saturday	10:45am – 11:15am
Rays/Starfish	Tuesday	4:35pm – 5:05pm
Rays/Starfish	Thursday	5:25pm – 5:55pm

NOTE: If you are new to our swim program and do not have an active YMCA membership, you may select the **Swim Program Registration** option to register for youth swim classes. This option is only for registration purposes—a paid YMCA membership will be required if the participant is enrolled in the program. The Swim Program Registration status will expire before the first day of class.

If you already have a YMCA account from another program (including Childcare or Aftercare), please call us before registering to ensure your account is active and ready for swim lesson enrollment.

AQUATICS

Pre-Progressive Lessons (\$130.00)

These lessons are for our novice level swimmers [ages 6-12 years](#). In these classes, skills will vary from water acclimation skills, water movement and the beginnings of stroke development. Polliwog 2 classes require an evaluation to register.

Class	Day	Time
Polliwog 1*	Monday	4:00pm - 4:30pm
Polliwog 1*	Monday	4:35pm - 5:05pm
Polliwog 1*	Tuesday	5:10pm - 5:40pm
Polliwog 1*	Wednesday	4:35pm - 5:05pm
Polliwog 1*	Thursday	4:00pm - 4:30pm
Polliwog 1*	Thursday	6:00pm - 6:30pm
Polliwog 1*	Saturday	8:15am - 8:45am
Polliwog 2	Monday	6:00pm - 6:30pm
Polliwog 2	Tuesday	4:35pm - 5:05pm
Polliwog 2	Wednesday	4:35pm - 5:05pm
Polliwog 2	Thursday	4:00pm - 4:30pm
Polliwog 2	Thursday	4:35pm - 5:05pm
Polliwog 2	Saturday	9:25am - 9:55am
Polliwog 2	Saturday	10:35am - 11:05am



Private Swim Lessons

In this program, instructors work with students one-on-one to improve technique and build stamina and strength in the water. This program is perfect for swimmers who do not do well in a group environment, nervous swimmers, or swimmers who need a few lessons to push them to the next level. This program is **Wait-List Only**. Availability is limited and is scheduled based on pool space. To join the waiting list email: swim@morristownymca.org.

Progressive Lessons (\$180.00)

These lessons are for our intermediate and advanced level swimmers [ages 6-12 years](#). In these classes, swimmers will refine their swimming abilities, continue to learn new strokes and work on their endurance. These classes require an evaluation to register.

Class	Day	Time
Guppy	Monday	5:10pm - 5:55pm
Guppy	Wednesday	5:45pm - 6:30pm
Guppy	Thursday	4:35pm - 5:20pm
Guppy	Saturday	8:10am - 8:55am
Minnow	Tuesday	5:10pm - 5:55pm
Minnow	Thursday	4:35pm - 5:20pm
Minnow	Saturday	11:05am - 11:50am
Minnow	Saturday	11:20am - 12:05pm
Fish/Flying Fish	Wednesday	4:15pm - 5:00pm
Fish/Flying Fish	Thursday	5:10pm - 5:55pm
Fish/Flying Fish	Saturday	12:00pm - 12:45pm
Stroke Clinic	Saturday	11:10am - 11:55am

Adult & Teen Lessons:

Our Adult lesson program is perfect for any adult who is looking to improve their swimming abilities. These particular classes are geared towards swimmers [aged 13 years and older](#). All classes with the exception of our Introduction to Swimming class require an evaluation prior to registration. To set up an evaluation, please call 973.267.0704 ext. 115 or email swim@morristownymca.org.

Class	Day	Time	Price
Intro to Swimming*	Sat.	8:25am - 8:55am	\$130.00
Intro to Swimming*	Sat.	9:00am - 9:30am	\$130.00
Intro to Swimming*	Sat.	9:35am - 10:05am	\$130.00
Intro to Swimming*	Sat.	11:55am - 12:25pm	\$130.00
Beginner	Sat.	10:10am - 10:40am	\$130.00
Intermediate	Sat.	10:45am - 11:30am	\$180.00
Advanced	Sat.	11:35am - 12:20pm	\$180.00

*Introductory level. An evaluation is not necessary for this class.

AQUATICS PROGRAMS

Lifeguard Certification & Training

Fee: \$350.00 for GMY Members
\$395.00 for Non-Members

Our Lifeguard Training Program provides the knowledge and hands-on experience you need to respond confidently in aquatic emergencies. This American Red Cross certification includes training in Lifeguarding, First Aid, CPR, and AED, preparing you for real-world situations in and around the water.

Who Can Enroll?

- Must be at least 15 years old by the final day of class
- Must successfully complete the pre-course evaluation

2025 Class Dates:

March (Friday Classes)

Pre-Course Assessment: Wednesday, 2.26 at 4:00pm or Friday, 2.28 at 4:30pm

Days: 3.7, 3.14, 3.21, & 3.28 (4:00-9:30pm)

April (Saturday Classes)

Pre-Course Assessment: Wednesday, 3.26 at 4:00pm or Friday, 3.28 at 4:30pm

Days: 4.5, 4.12, 4.19, & 4.26 (12:00-5:30pm)

May (Saturday Classes)

Pre-Course Assessment: Wednesday, 4.23 at 4:00pm or Friday, 4.25 at 4:30pm

Days: 5.3, 5.10, 5.17, & 5.24 (12:00-5:30pm)

June (Saturday Classes)

Pre-Course Assessment: Wednesday, 5.28 at 4:00pm or Friday, 5.30 at 4:30pm

Days: 6.7, 6.14, 6.21, & 6.28 (12:00-5:30pm)

Scan the below QR code for full details on our website:



Adult Water Fitness Classes:

These classes are specifically designed for members who want to perform aerobic, and strength and toning exercises in the water in a class setting. These classes are led by a member of our teaching staff. Equipment will be provided but you may choose to bring your own. Water shoes are strongly recommended for shallow water activities. For the most up to date schedules and classes, please check our website at greatermorristownymca.org.

Shallow Water Aerobics:

An enjoyable fitness class that features conditioning and resistance training in shallow water (waist to chest deep). Non-swimmers welcome.

Deep Water Challenge:

This program uses vigorous movements in deep water; guaranteed to give you a great workout with low impact. Participants must be able to swim and feel comfortable in deep water. Aqua belts are required and provided.

Gentle Aqua:

This shallow water class is designed for those seeking low-impact exercise to help reduce pain and stiffness. A certified instructor leads range-of-motion movements, stretching, breathing exercises, and light aerobics.

QUESTIONS?

For any questions regarding swimming classes or lessons, please reach out to the Aquatics Department at 973.267.0704 ext. 115 or email swim@morristownymca.org.

For any questions regarding Swim Team please reach out to Head Coach Josh Wing at gmycoachjosh@gmail.com.

AQUATICS PROGRAMS

UPCOMING POOL EVENTS:

Floating Egg-stravaganza

Saturday, March 29th 1:15 to 3:15pm
Easter Egg Hunt in the Pool

Registration is Required. Non-Members are welcome for a small fee. You will be able to turn in your prizes for a small prize package!

Shipwreck Showdown

Saturday, April 19th 1:15 to 3:15pm
Battle Each Other on Our Inflatable "Ships"

Registration is not Required for this event.
Members only event.

If you have any questions, please feel free to reach out to the Aquatics Department at: 973.267.0704 ext.115.

GMY SWIM TEAM

The Spring Training Sessions (4.7.25 to 6.12.25) registration starts February 11th. Current swimmers can register for their current practice group. Any new participants wishing to participate MUST be evaluated by Head Coach Josh Wing. Registration will be open until either the program fills up or after the first week of the session.

Blue/Yellow:

- Fee: \$250
- Days/Time: Mon./Wed. 5:30-6:30pm

White:

- Fee: \$350
- Days/Time: Mon. 6:30-8:00pm
Wed./Thurs. 6:30-7:30pm

Bronze:

- Fee: \$380
- Days/Time: Mon./Tues. 6:30-8:00pm
Thurs. 7:30-8:30pm
(Dryland on Thurs. 5:30-6:30pm)

Silver/Gold/Platinum:

- Fee: \$495
- Days/Time: Tues. 6:30-8:00pm
Wed./Thurs. 6:30-8:00pm
(Dryland on Mon. 5:30-6:30pm)

PRE-COMPETITIVE SWIM PROGRAM:

These programs are for swimmers with competitive aspirations. Our coaching staff will work with advanced level swimmers to refine their strokes and work on speed and endurance. All participants must be evaluated prior to registration. An evaluation may come in the form of a progress report or an individual evaluation. If you are interested in either Dolphin Club or Pre-Team, please email swim@morristownymca.org for more information.

Fitter Faster Clinic:

5.20.25 to 6.5.25

Thursdays: 5:25-6:25pm

Fee: \$160

Dolphin Club:

3.19.25 - 6.4.25

Wednesdays: 5:30-6:30pm

Sundays: 4:00-5:00pm

Fee: \$315

Pre-Team:

3.21.25 - 6.6.25

Fridays: 5:30-6:30pm

Sundays: 5:00-6:00pm

Fee: \$370

If your child has been evaluated for any of these levels, please use your child's membership portal to sign them up for the program! If you are unable to sign into your membership portal, please call the Member Services Desk at 973.267.0704 before registration begins. For more information, please contact our Aquatics Department at 973.267.0704, ext. 115 or swim@morristownymca.org.

CREATIVE SOCCER SKILLS CAMPS BY CHALLENGER SPORTS™!

Held at the Greater Morristown YMCA, 79 Horsehill Road, Cedar Knolls, NJ



TinyTykes (ages 2-5): Monday - Friday, 45 minutes a day.

Fundamental practices and skill-building activities in an immersive adventure! A fun introduction to soccer influenced by the very popular year-round TinyTykes curriculum. Includes games, activities, and adventures to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching.

June 23rd to June 27th: 4-4:45pm (\$130*) | August 18th to August 22nd: 8-8:45am (\$120*)



SCAN TO BE DIRECTED TO
THE CHALLENGER
REGISTRATION PAGE.

Creative Skills Camp (ages 6-14): Monday - Friday, 3 hours a day

Our curriculum is very carefully designed and structured to show the importance of creating a learning environment, enabling players to realize their potential in all formats of the game.

On camp, players will receive high-quality coaching, from expert international coaches, who have been developing creative players for years all over the world. Includes fun & innovative games that utilize equipment such as our inflatable fields.

June 23rd to June 27th: 5-8pm (\$225*) | August 18th to August 22nd: 9am-12pm (\$225*)

Challenger Sports Offers:

Passionate International Coaches • Established Curriculum • Best-In-Class Safety & Care
Value & Affordability • Innovative Programming

Please note that there will be a \$10 late fee at most of our camp sites for campers registering within 10 days of the camp start date. Many camps will fill up and be closed prior to this date – please register early to avoid disappointment.

If you have any questions please feel free to reach out to Jason at j.magnetico@morristownymca.org.

*Early Bird Discount price until 30 days before camp



PROGRAMMING FOR KIDS

Kids Night Out

Join us for the ultimate Kids Night Out experience from 4pm to 8pm! Bring your kids to the Greater Morristown YMCA (79 Horsehill Road, Cedar Knolls, NJ) for evenings packed with fun, friends, and adventure. Each night features sports, crafts, a pizza party, and an exciting, themed activity.

Kids must wear gym shoes and bring a water bottle. Dressing up for the theme is optional but highly encouraged for added fun!

This program takes place usually once a month, during the school year, from 4pm to 8pm. Space is Limited!

\$40.00 for Members

\$50.00 for Non-Members

If registering more than one child, the promo code [kidsnightout10](#) should be entered in the Promo Code box on the Payment page. Discount is \$10 off any additional siblings.



Upcoming Dates:

Neon Dance Party
April 18th, 2025

Future Innovator Night
May 9th, 2025

Registration is required can be found on our website (greatermorristownymca.org) under programs. Spots fill up quickly, so don't wait—register your child today for an unforgettable evening of fun and creativity!

If you have any questions, please reach out to Jason at j.magnetico@morristownymca.org



A MILLION ADVENTURES. ONE GREAT SUMMER!

June 23rd, 2025 to August 15th, 2025

Our Camp Day is 8:00am to 5:00pm



Y-Zone Summer Camp (Grades 1-6)

Y-Zone Summer 2025 Camp Rates

	5 Days	4 Days	3 Days
Weekly Rate:	\$450	\$410	\$360
Sibling Weekly Rate:	\$440	\$400	\$350

The Camp Sibling Discount Code is: [siblingcamp2025](#). Please note that the discount only applies to any additional siblings that are registered for the same week.

Included within the Camp Rates:

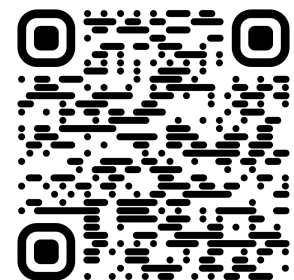
SWIMMING
AT THE YMCA
AND
STREETER
POOL

WEEKLY
FIELD
TRIPS

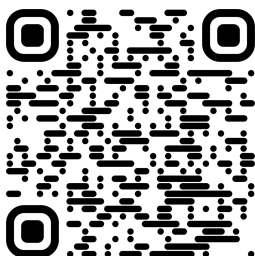
COMPLIMENTARY
T-SHIRT

FUN
FRIDAYS
INCLUDING ON SITE
EVENT SPECIALTY
SNACK, AND
PIZZA

S.T.E.A.M
COOKING
ART



Scan or Click Here to Register



Scan or Click Here to View Our Website



JOIN OUR TEAM AT THE YMCA!

Make a difference every day by working in a role that positively impacts your community. At the Y, you'll find more than just a job—you'll be part of a meaningful career that supports youth, health, and well-being.

Open Positions:

Summer Camp Counselors: Supervise and engage children in activities like STEAM, arts, and sports. Foster a fun, safe, and enriching camp experience.

Group Exercise Instructors: Must hold a nationally accredited group exercise certification, CPR, and AED certification.

Personal Trainers: Require a nationally recognized certification, CPR, and AED certification.

Lifeguards: American Red Cross Lifeguard Training, Standard First Aid, and CPR for the Professional Rescuer certification required.

Water Aerobics Instructors: Need AEA or equivalent certification, Standard First Aid, CPR, and AED certification.

Assistant Swim Team Coach: Must have Red Cross Lifeguard/CPR/AED certification and Safety Training for Swim Coaches.

Swim Lesson Instructors: Preferably certified in Red Cross Lifeguard Training, Standard First Aid, CPR, and AED.

Childcare Positions (Part-Time): Openings at The Richard F. Blake Children's Center and The Children's Corner. Must have experience with young children in a licensed setting; teacher training and education support provided.

Apply Today!

Find applications on our website under About Us > Employment Opportunities. Submit via email to info@morristownymca.org or drop off a hard copy at the YMCA Member Services Desk.

CONGRATULATIONS TO OUR NEWLY ELECTED BOARD MEMBERS!



Christine Colasante

Director of Practice Operations,
Atlantic Medical Group

Christine is the Director of Practice Operations at Atlantic Medical Group, overseeing clinical and financial aspects of physician practices across New Jersey. A Morris Plains native living in Randolph with her husband and three children, she's actively involved in the Greater Morristown YMCA and has volunteered in various community roles, including as a coach for Randolph Girls Recreation Lacrosse, a member of the Randolph High School Parents Dance Booster, and a former Girl Scouts troop leader and treasurer.

Stefanie Leonard
Senior Account Manager,
Presidio



Stefanie Leonard is a seasoned sales professional with nearly 20 years of experience, specializing in building lasting client relationships and developing strategic sales initiatives for a global IT solutions provider.

A former Division I volleyball player and accomplished multi-sport athlete, Stefanie is passionate about health and wellness. She looks forward to collaborating with the YMCA to develop programs that promote healthy lifestyles within the community. Stefanie resides in the Morristown area with her husband and three children.



Jonathan P. Vuotto

Partner,
McAndrew Vuotto, LLC

Jon Vuotto is an attorney with over 20 years' experience in complex disputes, and a founding partner of McAndrew Vuotto, a boutique law firm with its main office located in Morristown. A life-long weightlifter and multi-sport athlete and coach, Jon strongly believes in and looks forward to contributing to the Y's mission to develop physical and mental fitness through an active, healthy lifestyle.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

THE GREATER MORRISTOWN YMCA

79 Horsehill Road, Cedar Knolls, NJ 07927

P 973.267.0704 www.greatermorristownymca.org

MEMBER SERVICES UPDATE

Upcoming Holiday Hours and Closures:

4.20.25	Easter – Closed
5.26.25	Memorial Day – Closed
7.4.25	Independence Day – Closed
9.1.25	Labor Day – Closed

Gift Certificates are available in any denomination and are wonderful gifts for Mother's Day and Father's Day! They make a wonderful gift for any occasion. To purchase one, please stop by the Member Services Desk!

Save the Date! Our Annual Golf Outing benefiting our Annual Campaign will be held September 8th at Spring Brook Country Club in Morristown, NJ.