



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM LESSON FAQ

Getting Started/Registration Tips

Q. I'm new to the program. Do I need a membership?

A. You'll need a GMYMCA membership to participate, but you don't need one right away to register. If you're new, start by creating a "Swim Program Registration" account. This lets you sign up for lessons without an active membership. You can do this online under the "Sign Up Here" tab or by visiting the YMCA.

Once your account is ready, you can register online when sign-ups open. If you're placed in a class, someone from our team will contact you to upgrade your membership.

If you already have an account, log in a few days before registration to make sure everything is up to date.

Q. I'm currently enrolled. Do I need to do anything before registration opens?

A. Yes, log in to your membership portal a few days before registration to make sure your account and billing information are current.

If you have any issues, please contact membership services before registration day for help.

Lesson Placement

Q. I'm a beginner-level Adult or Teen swimmer. Which class should I choose?

A. Our beginner class for adults and teens is called "Introduction to Swimming."

Q. I'm not sure what level to sign my swimmer up for, or it's been a while since we've participated.

A. With the exception of our parent/child classes (SKIPS) and beginner levels (Pike, Polliwog 1, and Introduction to Swimming), all swimmers need an evaluation before registering.

If your swimmer has taken time off from the program, such as skipping a session or more, they'll also need a new evaluation before re-enrolling. This helps ensure each swimmer is placed in the right class for their safety and comfort as their skills develop.

To schedule an evaluation, please call 973-267-0704 ext. 115 or email swim@morristownymca.org.



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Lesson Placement Continued

Q. I don't remember what level my swimmer was recommended for, or I lost my progress report.

A. No problem! Email swim@morristownymca.org or call 973-267-0704 ext. 115, and we'll look it up for you.

Lesson Day Details

Q. Do I need to check in when arriving for lessons?

A. Yes. Parents and guardians must check in with Membership Services before bringing children to the pool deck. Curbside drop-offs are not permitted.

Q. Where should I wait during my swimmer's lesson?

A. Parents and guardians may wait in the pool area or lobby. On the pool deck, spectators must sit in the bleachers.

If our teaching staff feels a spectator is distracting a swimmer, they may be asked to wait in the lobby instead.

We ask all parents and guardians to remain on site during the lesson.

Q. What should we bring to lessons?

A. Please bring a swimsuit, towel, flip-flops, and a change of clothes if needed. Goggles and swim caps are optional but recommended.

Swimmers with shoulder-length hair or longer must tie it back before swimming.

All teaching and flotation equipment will be provided by the YMCA.

At the Greater Morristown YMCA, we believe swimming is more than a skill; it's a life-saving ability that builds confidence, safety, and community.

Thank you for helping us create a safe, supportive environment where every swimmer can thrive!