



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM LESSON FAQ

Please note: Parents will need to escort their children to the pool deck after checking in with member services staff. No curbside drop offs will be permitted.

Where do I wait for my child?

We are currently permitting one spectator per family on the pool deck to observe lessons. All spectators are required to sit in the bleachers. We are asking all spectators to keep 6 feet apart from other spectators in the room. However, if our teaching staff feels that any spectator is proving to be a distraction to their swimmer, they will be asked to leave the pool deck. If you choose not to sit in the pool area, parents & guardians are more than welcome to sit in the lobby or wait in their vehicles. **We ask that all parents stay on site for the duration of your swimmers' lesson.**

Can my child use the locker room to change?

Swimmers may use the locker rooms to change **after** their scheduled lesson. **All participants must arrive at the YMCA ready to swim** before their scheduled lesson. This is in an effort to keep swim classes separated from one another in the locker rooms.

What do we need to bring?

Swimmers need to arrive in their swim suits, but should also bring a towel, flip flops and a change of clothes if they wish to change following their lessons. Optional, but recommended items include a swim cap and goggles. Kickboards are recommended for progressive lessons. Reminder: All swimmers with shoulder length hair or longer, must tie their hair back before swimming.

Equipment for the parent/child classes, in addition to swim suits, towels in flip flops include: Their bubbles, pool noodle and swim diaper with plastic pants for little ones who are not yet toilet trained.

I don't remember what level my swimmer was recommended for/I lost my progress report.

We are happy to look that up for you. Please send us an email at swim@morristownymca.org and we will let you know.

Will the instructor be going in the water with my child?

Instructors will now be able to enter the water with their students. However, some teachers may choose to remain on the pool deck during Parent/Child Lessons and/or Progressive swim classes. Additionally, swimmers will also be spaced out in the allocated lanes in order to maintain as much distance as possible between swimmers.

I am not sure what level to sign my swimmer up for/I am new to the program, or I haven't swam in the program for 3 months or more.

With the exception of our parent/child classes (SKIPS), and beginner levels (Pike and Polliwog 1) all swimmers need to be evaluated for proper placement. If your swimmer needs an evaluation, please call Edward Galuska at 973-267-0704 ext. 15.