



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM LESSON FAQ

Please note: Parents will need to escort their children to the pool doors after checking in with member services staff. No curbside drop offs will be permitted.

Where do I wait for my child?

You may wait in the family locker room, the front lobby or in your car, but you **must remain on site**. Parents should enter the building to pick up their child 5 minutes prior to the end of their swim lesson. **One (1) spectator per family will be permitted on the pool deck on the first day of class and on the day progress reports are handed out. Spectators are not permitted during all other classes.**

Can my child use the locker room to change?

Swimmers may use the locker rooms to change **after** their scheduled lesson. All participants must arrive at the YMCA ready to swim before their scheduled lesson.

What do we need to bring?

Swimmers need to arrive in their swim suits, but should also bring a towel, flip flops and a change of clothes if they wish to change following their lessons. Optional, but recommended items include a swim cap and goggles. Kickboards are recommended for progressive lessons. Reminder: All swimmers with shoulder length hair or longer, must tie their hair back before swimming.

Equipment for the parent/child classes, in addition to swim suits, towels in flip flops include: Their bubbles, pool noodle and swim diaper with plastic pants for little ones who are not yet toilet trained.

I don't remember what level my swimmer was recommended for/I lost my progress report.

We are happy to look that up for you. Please send us an email at swim@morristownymca.org and we will let you know.

Will the instructor be going in the water with my child?

No. In order to maintain the social distancing mandate, instructors will be conducting their class from the pool deck. Additionally, swimmers will also be in their own individual lanes in order to maintain social distancing.

I am not sure what level to sign my swimmer up for/I am new to the program.

At this time, we are only teaching parent & child classes, intermediate and advanced students. All intermediate & advanced participants must be able to swim the length of the pool (25 meters on both their fronts and their backs). With the exception of our parent/child classes all swimmers need to be evaluated for proper placement. If your swimmer needs an evaluation, please call Edward Galuska at 973-267-0704 ext. 15.