FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2019/2020 GMY DOLPHIN SWIM
TEAM TRYOUT INFORMATION

Sunday, July 21, 2019
8:00am: Check-In
8:30am: Warm-Up
9:00am: Start

Thursday, August 22, 2019
4:45pm: Check-In
5:25pm: Warm-Up
5:45pm: Start

As you prepare for tryouts....

- All swimmers attending tryouts should be familiar with and comfortable swimming all competitive strokes including: freestyle, backstroke, breastroke, and butterfly.
- A tryout form is required to tryout.
- There is a $20.00 fee for tryouts: cash or check is the only payment method accepted. Checks should be made out to: GMYSTPO.
- Forms will not be accepted without fees attached.
- Pre-registration is preferred, however, walk-ins will be permitted.
- Pre-registration forms must be received no later than: Wednesday, July 17th for the July tryout or Monday, August 19th for the August tryout.
- Try-out fees are non-refundable.
- If your swimmer swam with another team, please attach their previous times.
- For more information or if you are unable to attend tryouts, please contact:

Tina: mycoachcecala@yahoo.com or **Josh**: gmycoachjosh@yahoo.com

Not quite ready for try-outs? Try our Competitive Coaching Workshops

Level	Day	Time	Price
Level 1	Tuesday & Thursday	6:30pm - 7:30pm	$99.00
Level 2	Tuesday & Thursday	7:30pm- 8:30pm	$99.00

Session 1: 6/27/19-7/18/19
Session 2: 8/1/19-8/20/19

Our pre-competitive programs, Coaches Club, Dolphin Club, and Pre-Team, are geared towards the swimmer who, upon completion of our tryout evaluation, is not ready to swim competitively within our swim team, but hopes to achieve this goal in the future. Swimmers work with their own coaching staff to build endurrance, refine all competitive swim strokes and build a strong racing foundation.

Want more? Sign up for both sessions for $185.00. Participants must be evaluated for proper level placement. Please call Ed at 973.267.0704 ext.15 or email swim@morristownymca.org